Spectroscopy microsystem for the detection of gastrointestinal dysplasia

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Miniaturized spectroscopy system

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Motivation

MIT Portugal

Gastrointestinal cancers - among the fifth most common cancers worldwide, the fifth leading causes of cancer-related deaths



Motivation

Early cancerous lesions are invisible



Optical techniques

- Diffuse Reflectance &
- Fluorescence Spectroscopy
 - Morphological &
 Biochemical tissue information

Tissue Diagnosis

Successfully applied in conventional endoscope prototypes for detecting and classifying gastrointestinal dysplasia



Conventional endoscopy

These prototypes have several drawbacks

- High-cost
- Complex and bulky
- Low collection efficiency
- Invasive and uncomfortable
- Requires the presence of the physician
- Some parts of the GI tract remain inacessible





Capsule endoscopy

The last frontier in gastrointestinal endoscopy has been crossed with the success of

WIRELESS CAPSULE ENDOSCOPY





Capsule endoscopy procedure





cam

Capsule endoscopy procedure

• After 8 h, the data recorder is connected to a computer workstation, the data are downloaded, processed and, finally, high quality endoscopic images can be viewed on a monitor





PillCam" SB







Capsule endoscopy



Diagnosis mainly based on white-light images



Goal

Development of a simple, miniaturized and less costly spectroscopy system to be integrated in less-invasive devices for the detection of gastrointestinal dysplasia

> Two main spectroscopy techniques: diffuse-reflectance and fluorescence



Diffuse Reflectance Spectroscopy

- White-light is delivered to the tissue, and photons are absorbed and multiple scattered by tissue constituents before being detected
- Scattered photons provide information about the connective tissue with collagen
- Absorption is mainly due to hemoglobin

Diffuse reflectance signal is usually lower in dysplastic tissue, when compared with normal tissue: decrease in scattering and increase in absorption





Fluorescence Spectroscopy

- Tissue is illuminated with UV or short-wavelength visible light
- Fluorescence emission depends on the fluorophores present in the tissue
- A modification in the fluorescence emission spectra (intensity and spectral shape) may be correlated to the emergence of pathological conditions

Fluorescence signal is usually lower in dysplastic tissue, when compared with normal tissue: higher absorption (by Hb) and increased epithelial thickness





Fluorescence Spectroscopy

An increase in NADH is associated to an increase in cellular metabolic activity and proliferation, both of which occur with the progression of dysplasia

• A decrease in collagen can be an indicator of loss of structural integrity, and is translated by low fluorescence intensity

Fluorescence signal is usually lower in dysplastic tissue, when compared with normal tissue: higher absorption (by Hb) and increased epithelial thickness





Diffuse-reflectance and fluorescence

Quantitative information

 Tissues scattering, hemoglobin concentration, oxygen saturation and fluorophores can be obtained using specific models

Diagnostic algorithms





Overview





Wavelength reduction simulations

- Spectroscopy data set from GI tissue
- Spectroscopy models implemented using MATLAB tools
- Tissue parameters were determined using a reduced number of wavelengths from which the full spectra were reconstructed interpolation
- The best results comprises the following discrete points: <u>350</u>, 370, 380, 400, <u>420</u>, 450, 480, 510, <u>540</u>, 560, <u>580</u>, 600, 620, 650, <u>700</u>, and <u>750</u> nm

Optical filters designed to be centered at these 16 wavelengths



Optical filters design

- Fabry-Perot interferometer structure two parallel mirrors separated by a resonance cavity
- Multilayer structure 11 layers
- Dielectric mirrors composed of TiO₂ and SiO₂ thin-films

Suitable optical characteristics and fabrication advantages





Optical filters simulations

M

• TFCalc and Sopra materials database were used for the structural optimization of the filters





- Transmittance higher than 90%
- FWHM less than 10 nm (average ~6 nm)

Layer thicknesses optimization

• The TiO₂ refractive indices obtained are smaller - increase TiO₂ thicknesses



- Transmittance higher than 90%
- FWHM less than 17 nm (average ~12 nm)

Filters fabrication



Optical filters characterization

• Optical characterization – transmittance measurements



- Transmittance higher than 65%
- FWHM less than 20 nm (average ~15 nm)
- Small peak deviation (~3 nm)



Optical filters characterization

• Structural characterization – SEM, AFM and profilometer measurements



- Clear separation between the SiO₂ and TiO₂ layers
- Thickness measurements in good agreement with the nominal values
- · Good film flatness along the entire area





Results

Optical filters – ability for diagnosis

 Quantitative diagnosis: DRS measurements on 5 different phantoms using the fabricated optical filters to verify how accurately each filter is able to select a specific spectral band



Intensity values obtained with the fabricated optical filters are similar to the originally obtained intensities measured over the full wavelength range



Results

Optical filters – ability for diagnosis

 Quantitative diagnosis: Fluorescence measurements on 2 different phantoms using the fabricated optical filter centered at 404 nm



Intensity value obtained with the fabricated optical filter is similar to the originally obtained intensity



Application in endoscopic capsules



The addition of spectroscopy functions will offer the possibility of detecting the very earliest mucosal changes at the microstructural and biochemical levels



Conclusions

Miniaturized spectroscopy system

- Accurate reconstruction of the full spectrum using only 16 points
- Feasibility of using optical filters to establish a quantitative diagnosis

The replacement of the spectrograph by an array of thin-film optical filters was validated



Next Step???

Spectroscopy Imaging



Preliminary results

• **Spectroscopy imaging** – e.g. brain tissue samples



4.5

3.5

1.5

0.5

3.5

1.5

0.5



Capsule Locomotion





Capsule Locomotion





Capsule Locomotion





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