

Biomedical simulation: applications to training, evaluation and research

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BIOMEDICAL SIMULATION

Definition

“Instructional process that substitutes real patient encounters with artificial models, live actors, or virtual reality patients with the goal of replicating patient care scenarios in a realistic environment for the purposes of feedback and assessment.”

Gaba DM. The future vision of simulation in health care. Qual Saf Health Care. 2004;13:2–10.

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Why simulate?

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Why simulate?



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Why simulate?



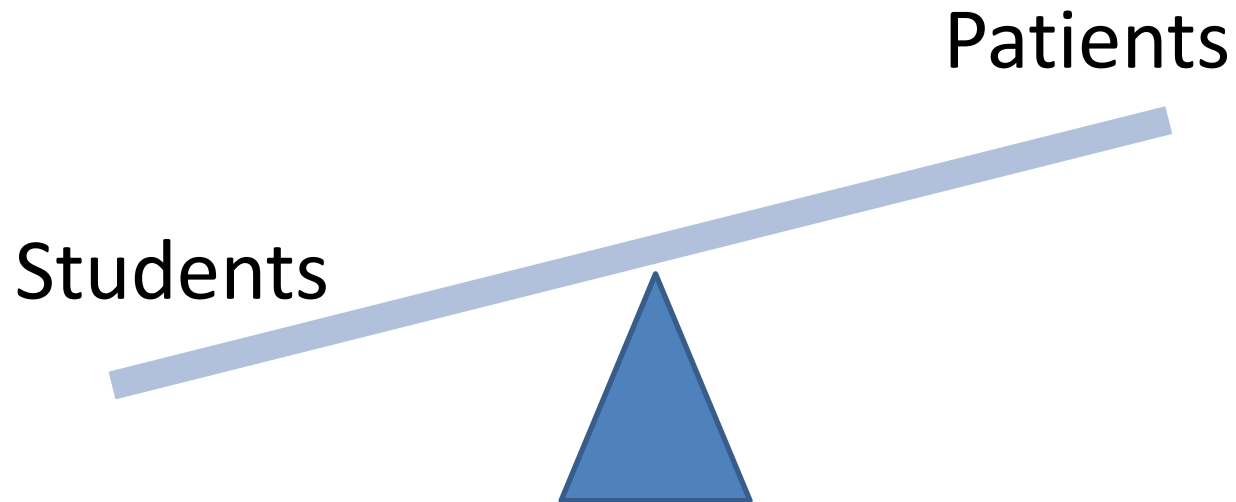
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Why simulate?



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Healthcare teaching dichotomy



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Healthcare teaching dichotomy

Students

- Increasing number of students
- Constant need for update
- Increase concern with patient safety issues

Patients

- Less receptive to students
 - 50% allowed their presence
 - ~35% allowed examination or clinical interview

Okuda Y et al. [The utility of simulation in medical education: what is the evidence?](#) Mt Sinai J Med. 2009 Aug;76(4):330-43.

Healthcare teaching dichotomy

Dissociation between classroom learning and the clinical environment:

- Technical skills
- Soft skills

Inadequate training in:

- Anamneses
- Physical examination
- Diagnosis and decision making
- Critical/Emergency situations



"I'm sorry, the doctor no longer makes diagnoses."

Okuda Y et al. [The utility of simulation in medical education: what is the evidence?](#) Mt Sinai J Med. 2009 Aug;76(4):330-43.

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Healthcare teaching dichotomy

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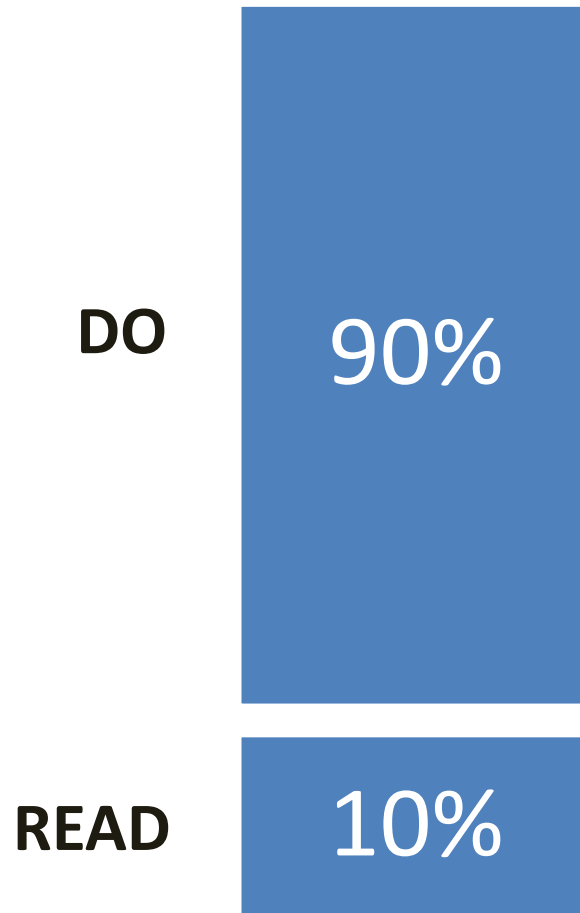
Critical/Emergency situations

- High risk to patient
- Complex interventions
- Multidisciplinary teams
- Time as a key-factor
- Debilitated patients
- Rare situations



Why simulate?

We remember



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Why simulate?

- Patient safety is a premise
- Patient higher expectations
- Technology push
- ‘See one, do one, teach one’ is no longer acceptable



What are the **benefits?**

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What are the **benefits?**

- Realistic, interactive, safe and controlled environments



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What are the **benefits?**

- Individual or team-training



What are the **benefits?**

- Focused on the trainee, adapted to the training needs



What are the benefits?

- Acquisition of competencies through practice



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What are the benefits?

- Acquisition/training of soft skills



What are the **benefits?**

- **WITHOUT risk to real patients**



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What are the benefits?

Instructor

- Focus on teaching
- Controlled environment
- Immediate feedback
- Objective and structured evaluations

Trainee

- Experiential learning
- Repetition
- Permission to make mistakes
- Soft skills training

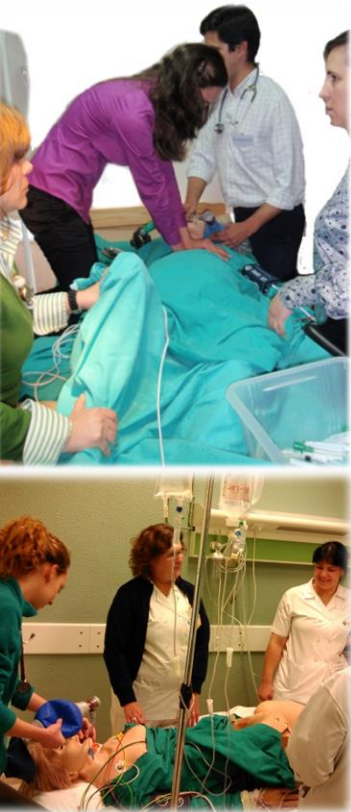


Patient

- Confidence in the healthcare professional
- Better quality of the healthcare systems
- Patient safety culture
- Medical error prevention

What are the **benefits?**

Outcomes – Educational impact



Obstetric emergencies course – healthcare professionals

Pre-Post test study with a sample of 114 obstetricians and midwives.

Results:

- Both Obstetricians and Midwives reported an increase in knowledge and technical skills
- Midwives self-perceived knowledge and technical skills before the course were lower than those of Obstetricians, but no significant differences were observed after the course.

Sá Couto C et al. Multiprofessional training of obstetrical emergencies: impact of a high-fidelity simulation course on technical and non-technical skills. In: Book of Abstracts, 17th annual meeting of SESAM, Granada, Spain, 2011.

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What are the **benefits?**

Outcomes – Clinical impact



Shoulder dystocia training – healthcare professionals

Retrospective, observational study comparing the management and neonatal outcome of births complicated by shoulder dystocia before and after the introduction of shoulder dystocia training.

Results:

- Significant clinical management improve: e.g. use of MacRoberts manouver increased from 29.3% to 87.4%.
- There was a significant reduction in neonatal injury at birth after shoulder dystocia: from 9.3% to 2.3%.

Draycott T et al. Improving neonatal outcome through practical shoulder dystocia training. *Obstet Gynecol* 2008;112:14-20.

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How do we **simulate**?

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How do we simulate?



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How do we simulate?

Patient-actors (standardized patients)



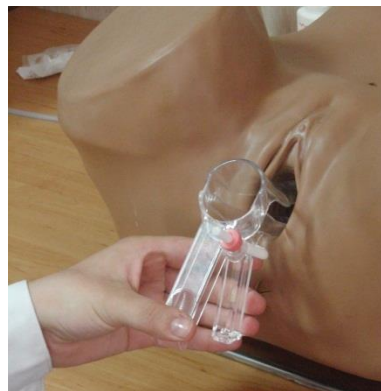
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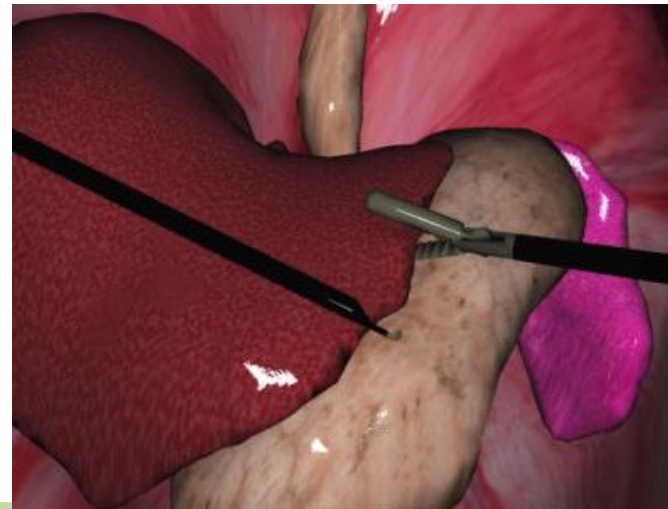
Part-task trainers



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How do we simulate?

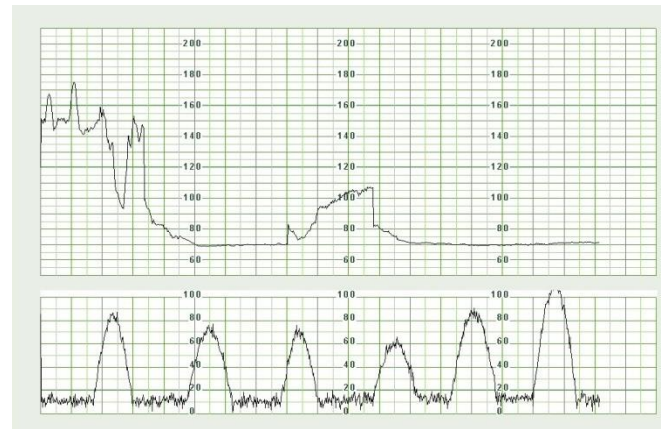
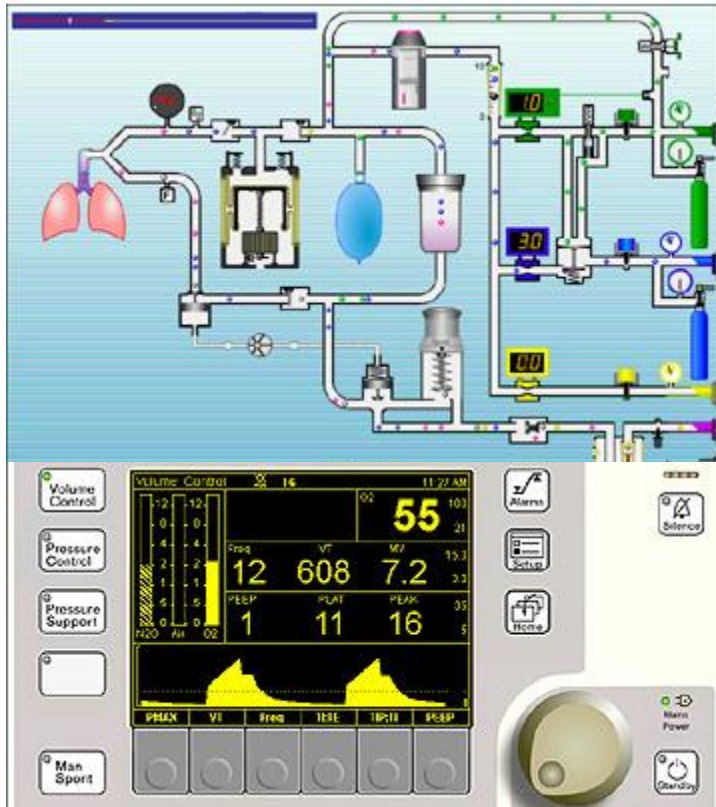
Complex-task trainers



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How do we simulate?

Simulation software



Case 3 - Frequent variable FHR decelerations - Anesoft Neonatal Simulator 2

Assess Assistants Airway Breathing Dry / CPR IV / Meds Labs Record Help

Time: 00:00:39 Score: 0 Possible: 360

At 00:00:23:
The baby is wet, blue and has poor muscle tone.
There are secretions in the nose and mouth, but no meconium staining.
The baby is making ineffective respiratory efforts.
There are strong umbilical pulses.

ECG On
HR: 110

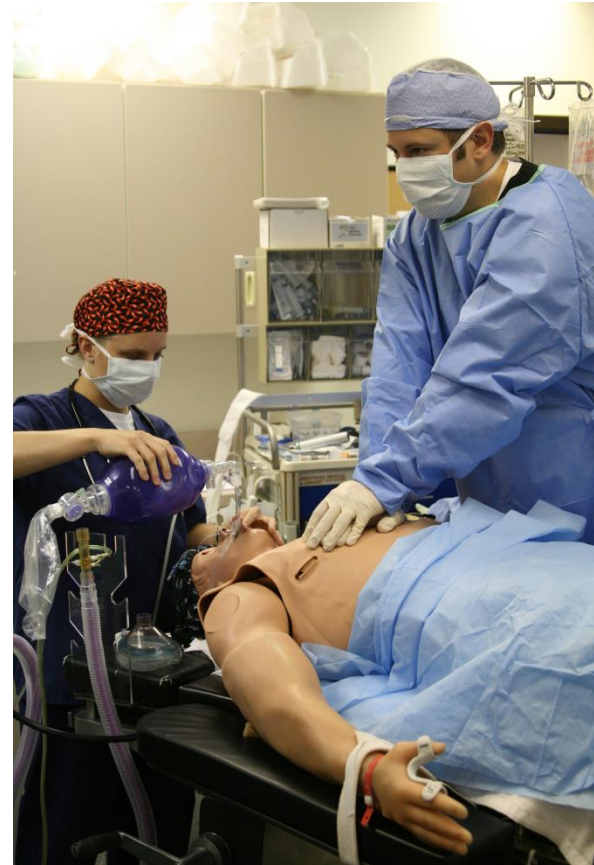
Pulse Ox On
SpO2: 74
Pulse: 110

Mute
Exit Options

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How do we simulate?

Patient simulators



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How do we simulate?

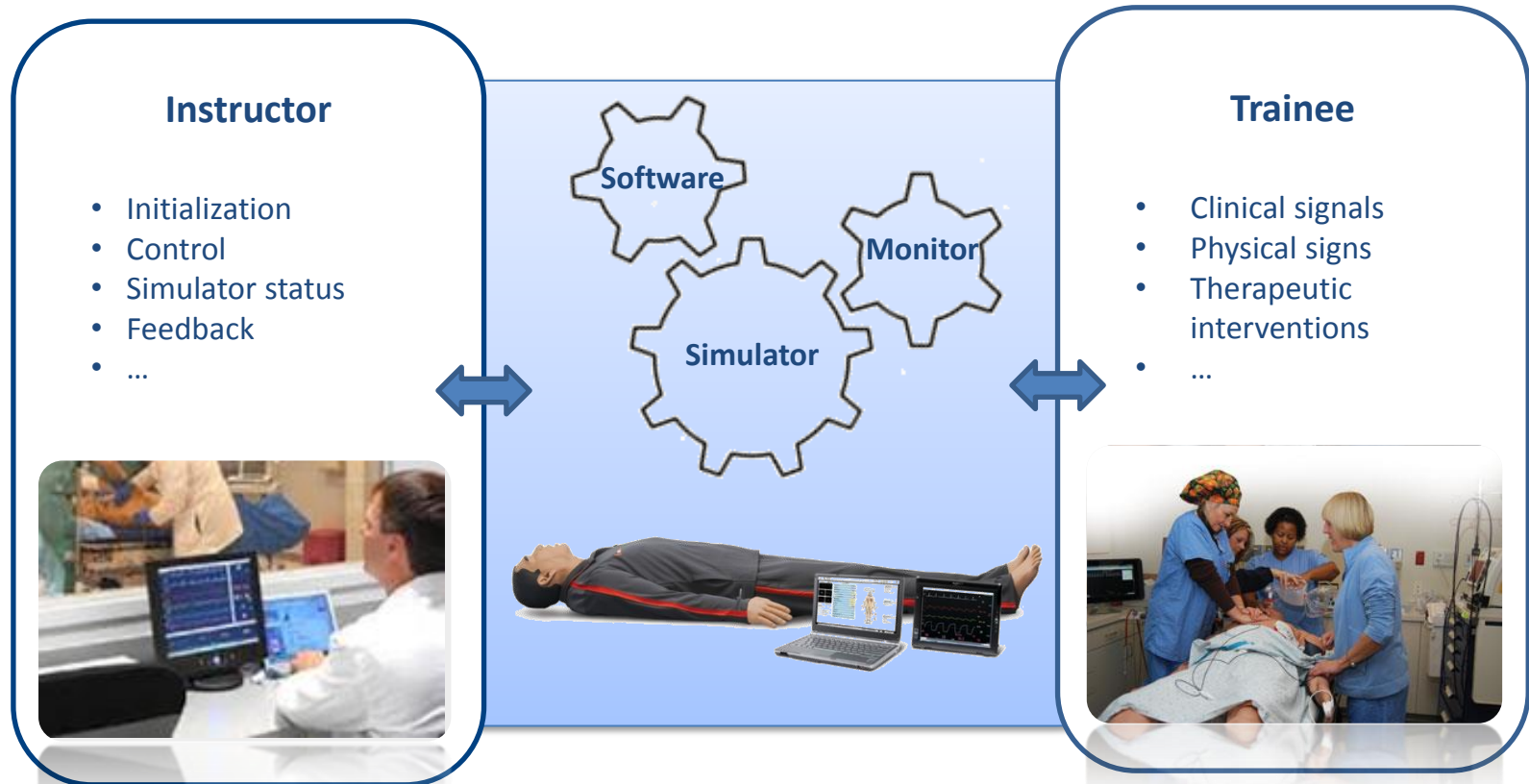
Patient simulators



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How do we **simulate**?

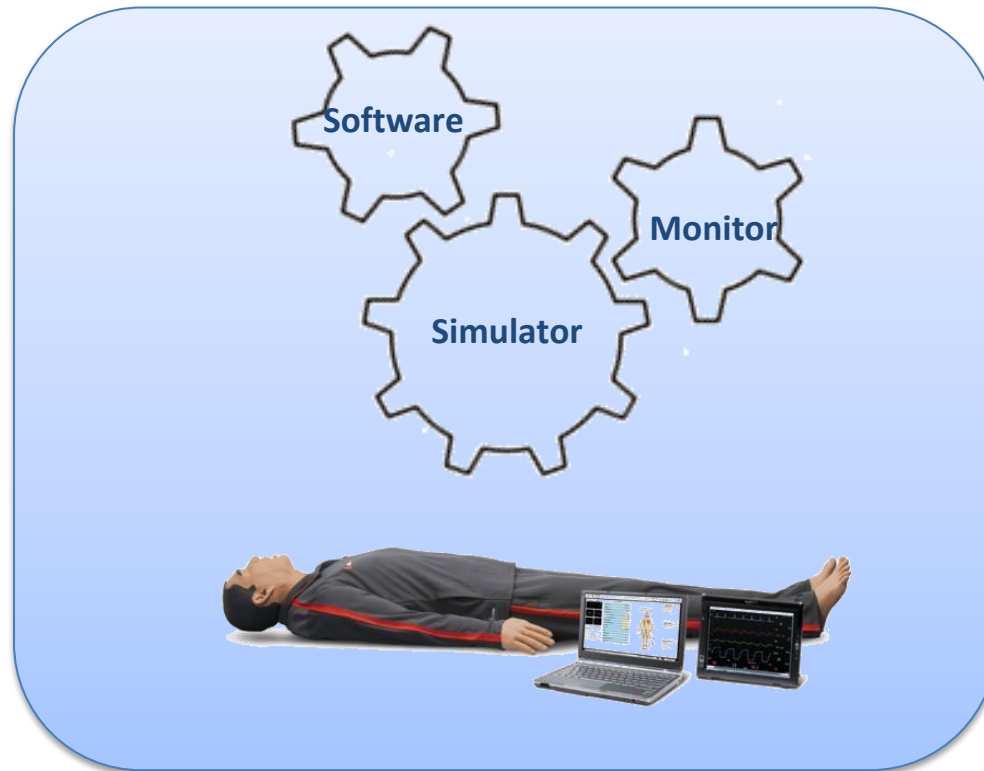
(patient simulators)



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How do we **simulate**?

(patient simulators)



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How do we simulate?

(patient simulators)

Instructor



Software



Simulator



Trainee



Monitor

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MEDICAL INFORMATICS AND SIMULATION?

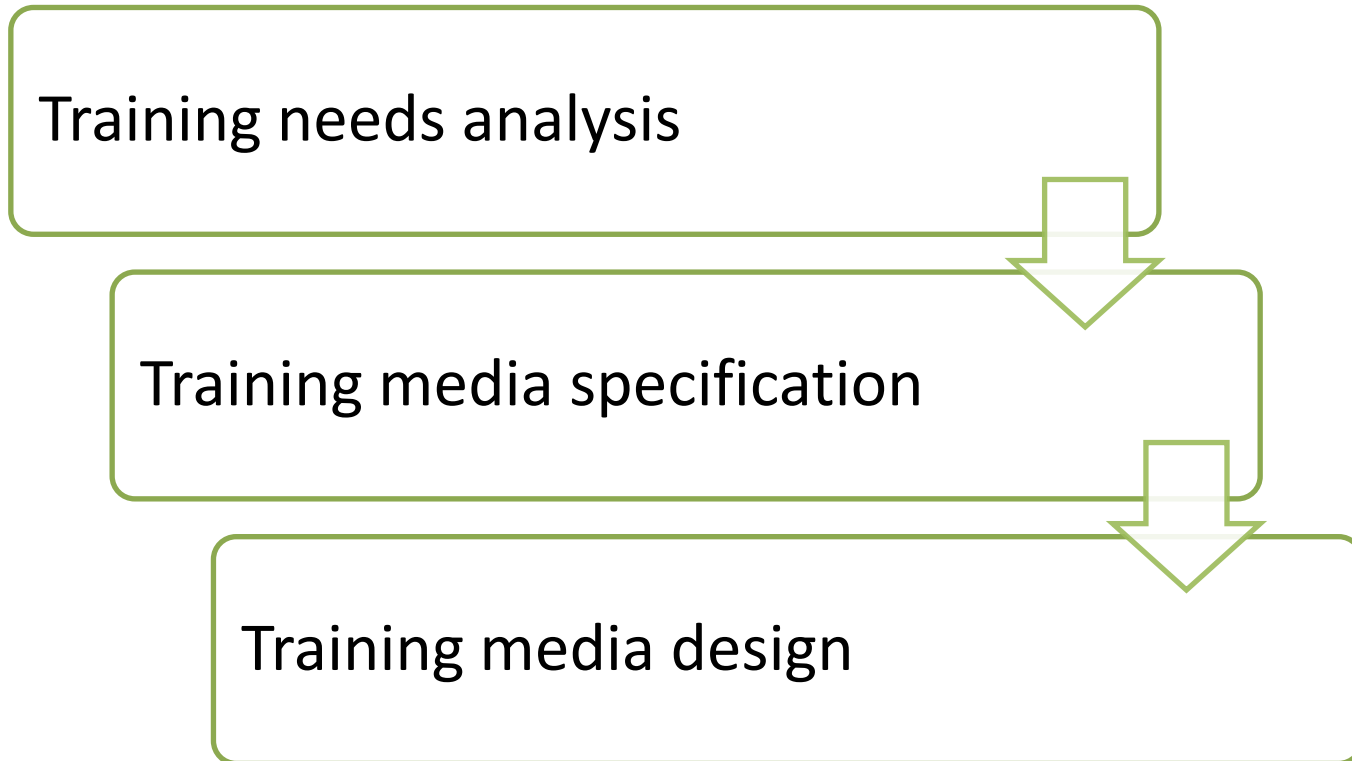


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What if I need a **new simulator?**

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What if I need a **new simulator**?



Example: DeFib – Manual defibrillator simulator



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DeFib – Manual defibrillator simulator

Training needs ANALYSIS

- Cardiac resuscitation training includes delivery of electrical defibrillation and/or cardioversion therapy for malignant cardiac arrhythmias.
- Use of defibrillation equipment with the capacity to deliver electrical energy during simulation promotes trainee device familiarization, enhances fidelity, and encourages realistic interaction with the manikin.

DeFib – Manual defibrillator simulator

Training needs ANALYSIS

However, there are some disadvantages:

- Cannot be used in standardized patients or low-fidelity manikins
- Expensive
- It is not risk free¹

¹Turban JW, Peters DP, Berg BW. Live defibrillation in simulation-based medical education--a survey of simulation center practices and attitudes. *Simul Healthc.* 2010 Feb;5(1):24-7.

DeFib – Manual defibrillator simulator

Training needs ANALYSIS

- Device familiarization
- Correct use (rhythm identification)
- Safe use (one paddle at a time, stand clear, etc)

Additional needs:

- Realistic equipment
- Use in low fidelity simulators or standardized patients
- Use in-hospital or pre-hospital environment

DeFib – Manual defibrillator simulator

Training media SPECIFICATION

Specifications established by:

- Observation of a real defibrillator in use
- Opinions of trained users



DeFib – Manual defibrillator simulator

Training media SPECIFICATION

- Mimic a manual defibrillator and cardioverter
- Emulated monitoring of selected vital signs (ECG e SaO2)
- Simulation of 6 cardiac rhythms:
 - sinus,
 - atrial flutter ,
 - atrial fibrillation,
 - ventricular tachycardia,
 - ventricular fibrillation, and
 - asystole

DeFib – Manual defibrillator simulator

Training media SPECIFICATION

- Realistic physical interface with touchscreen selection of the synchronization (cardioversion), charge levels, monitored signals, etc
- Inclusion of audible signals associated with charging, charged and discharge
- Paddles with control buttons for charging and discharge
- Remote manipulation of the monitored signals

DeFib – Manual defibrillator simulator

Training media DESIGN

Hardware

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DeFib – Manual defibrillator simulator

Training media DESIGN

Hardware: Tablet +



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DeFib – Manual defibrillator simulator

Training media DESIGN

Hardware: Tablet + Electronic board



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DeFib – Manual defibrillator simulator

Training media DESIGN

Hardware: Tablet + Electronic board + Paddles



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DeFib – Manual defibrillator simulator

Training media DESIGN

Hardware: Tablet + Electronic board + Paddles + NumPad



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DeFib – Manual defibrillator simulator

Training media DESIGN

Hardware: Tablet + Electronic board + Paddles + NumPad

Software: VisualBasic (Microsoft)

- Sets the scenario through instructor-interface
- Controls the user-interface
- Receives information from paddles
- Receives information from NumPad

KEY POINTS

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KEY POINTS

- Current challenges in teaching, learning and assessment of health professionals require innovative and sustainable pedagogical approaches
- Several studies point to an improvement in the technical skills and non-technical skills after attending training activities based on simulation, with both educational and clinical impact
- Biomedical simulation is becoming a key component of education and training of health professionals and should be applied transversally and multidisciplinary
- Medical informatics may play an important role on developing and evaluation of simulation equipment

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DESTINATÁRIOS

Profissionais de saúde, docentes, investigadores e estudantes com interesse na simulação biomédica

DATAS

*Cursos pré-congresso: 19 de fevereiro
Congresso: 20 e 21 de fevereiro*

LOCAL

*Centro de Investigação Médica
Faculdade de Medicina da Universidade do Porto
Rua Doutor Plácido da Costa, 4200-450 Porto, Portugal*

PRAZOS

*Submissão de resumos: 15 de dezembro de 2014
Notificação de aceitação: 31 de dezembro de 2014
Inscrição com desconto: 15 de janeiro de 2015*

INSCRIÇÕES E INFORMAÇÕES

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